

# **Tufts Hillel Shabbat Menu**

## **Fall 2016**

### **Week 1**

**9/2; 10/21**

Potato Latkes with Applesauce  
Garden Salad  
Herb Crusted Chicken 8 Ways  
Portobello Mushroom Ravioli with Basil Pesto  
Olive Oil Mashed Potatoes  
Broccoli  
Brownies

### **11/4**

Spinach Phyllo  
Mediterranean Salad  
Breaded Tilapia  
Mushroom & Asparagus Bread Pudding  
White Rice  
Broccoli  
Brownies

### **Week 2**

**9/9; 11/11**

Potato Knish  
Baby Spinach Salad with Red Onion & Cucumbers  
Horseradish Crusted Brisket  
BBQ Tofu with Apple Braised Kale  
Mashed Sweet Potato  
Herbed Corn  
S'mores Pies

### **Week 3**

**9/16; 12/2**

Hummus & Pita  
Garden Salad  
Indian Spiced Salmon  
Curried Chickpeas  
White Rice  
Cauliflower  
Yellow Cake with Strawberries

### **Week 4**

**9/23; 11/18**

Sweet Potato Pancakes with Applesauce

Garden Salad  
Roasted Turkey Breast with Stuffing  
Sweet Potato Kugel  
Cranberry Sauce  
Olive Oil Mashed Potatoes  
Green Beans  
Strawberry Crisp

**Week 5**  
**9/30; 12/9**

Mini Vegetable Eggrolls  
Asian Salad (Mesclun, Mandarin oranges, sliced almonds) with a Citrus Dressing  
General Tso Chicken 8 ways  
Asian Vegetable Stir Fry (Tofu, Carrots, Peas, Broccoli, bean sprouts, and baby bok choy)  
Spicy Sautéed Broccoli  
White Rice  
Brownies

**Week 6**  
**10/7; 12/16**

Chips & Salsa  
Corn & Black Bean Taco Salad (Mesclun, Corn, Black Beans, Red Onion, Tortilla Chips) with Lime Dressing  
Ground Beef Tacos  
Tofu Tacos  
Taco Setup (tortilla, salsa, shredded lettuce, chopped onion, chopped tomato)  
Black Beans  
Spanish rice  
Chocolate Cake with Strawberries

**Week 7**  
**10/14**

Spinach Filo  
Caesar Salad  
Meatballs with Tomato Sauce  
Vegan Meatballs with Tomato Sauce  
Lemon Roasted Red Bliss Potatoes  
Garlic Green Beans  
Pareve Ice Cream Bar