

## Hillel Shabbat Menu Spring 2018

### Spring Week 1 (1/19; 2/23; 4/20)

Vegetarian "Chicken" Noodle Soup

*Allergen: Gluten*

Garden Salad with Italian Dressing

Balsamic Roasted Chicken 8 Ways

Vegetarian Entrée: Vegetarian Shepard's Pie

Herb Roasted Red Potatoes

Garlic Broccoli

Brownies

*Allergens: Gluten & Eggs*

### Spring Week 2 (1/26; 3/2; 4/27)

Potato Knish

*Allergens: Gluten & Egg*

Baby Spinach Salad with Red Onion &

Cucumbers & Red Roma Dressing

Horseradish Crusted Brisket

Vegetarian Entrée: Vegetarian Chili

Olive Oil Mashed Potatoes

Spicy Green Beans

S'mores Pie with Whipped Topping

*Allergen: Gluten & Soy*

### Spring Week 3 (2/2; 3/9; 5/4)

Spinach Filo

*Allergens: Gluten & Egg*

Caesar Salad

*Allergen: Gluten*

Chicken Cacciatore

Vegetarian Entrée: Tofu Cacciatore

*Allergen: Soy*

Rice Pilaf

*Allergen: Gluten*

Roasted Asparagus

Brownies

*Allergens: Gluten & Egg*

### Spring Week 4 (2/9; 3/16; 5/11)

Butternut Squash Soup

Garden Salad with Italian Dressing

Beef Meatballs

*Allergen: Gluten*

Vegetarian Entrée: Spring Pea & Herb Pesto

with Farfalle Pasta

*Allergen: Gluten & Egg*

Farfalle Pasta with Marinara Sauce

*Allergen: Gluten & Egg*

Green Beans

Blueberry Crisp

*Allergen: Gluten*

### Spring Week 5 (2/16; 4/13)

Potato Knish

*Allergens: Gluten & Egg*

Mediterranean Salad

Breaded Tilapia with Homemade Tartar

Sauce

Vegetarian Entrée: Mustard Crusted Tofu

with Kale

*Allergens: Soy*

Roasted Yukon Potatoes

Broccoli

Devil's Food Cake with Strawberries

*Allergens: Gluten & Egg*

